



RIVERSIDE RECREATION THERAPY INFORMER

March 19th-25th, 2023

RDC=Recreation Dining Center
FLC=Faith and Life Center



Monday, March 20th: Happy First Day of Spring!

- 10:00am- Bible Study with Pastor Linda - FLC
- 12:30pm- Voting for those who are registered - RDC
- 1:30pm- Craft: Wood Slice Spring Chick! - RDC
- 3:00pm- Minute to Win It Games! - RDC

Tuesday, March 21st:

- 7:00-9:00am- 600 Hall Special Breakfast
- 10:00am- Chair Yoga with Sydney and Alexa! - RDC
- 1:15pm- Social! - RDC
- 1:30pm- BINGO! - RDC
- 2:30pm- Manicures - RDC/Room to room

Wednesday, March 22nd:

- 10:00am- 1:1 Visits - Room to room
- 1:30pm- Bingo Bucks Store! - RDC
- 2:30pm- Pet Therapy Visits with Sue and Curly! - Room to room
- 3:00pm- Trivia with Sydney! - RDC



Thursday, March 23rd:

9:30am- Pet Therapy Visits with Nancy and Walley! - Room to room

9:45am- Rosary - FLC

10:00am- Mass - FLC

1:30pm- Craft: Floral Door Hanger! - RDC

3:00pm- Game: Crazy 8's! - RDC

Friday, March 24th:

10:00am- Worship Service - FLC

1:30pm- Game: Yahtzee! - RDC

2:30pm- Sign Language Class with Ursala! - RDC

Saturday, March 25th:

No Bingo Today

2:30pm- Catholic Communion

**Euchre games will be held on Tuesdays and Thursdays at 2:30pm in the RDC pending there are enough players*

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

MENU- Week 3

Saturday, March 18th

Lunch: Meatballs, Cheesy Hash Browns, Baked Beans, Pears, Applesauce Spice Cake

Supper: Turkey Dumpling Soup, Bologna Salad Sandwich, Cantaloupe, Cookie

Sunday, March 19th

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Rutabagas, Cucumber Salad, Pineapple Upside Down Cake

Supper: Scalloped Potatoes w/Ham, Mixed Veggies, Apricots, Ice Cream

Monday, March 20th

Lunch: Pork Chop Suey over Rice, Green Beans, Raspberry Applesauce Salad, Baked Custard

Supper: Tomato Soup, Grilled Cheese Sandwich, Fruit Cocktail, Seven Layer Bar

Tuesday, March 21st

Lunch: Baked Chicken, Zucchini Bake, Squash, Grapes, Lemon Poppyseed Cake

Supper: French Toast Sticks w/Maple Syrup, Bacon, Banana, Pistachio Dessert

Wednesday, March 22nd

Lunch: Hamburger Steak, Boiled Potatoes w/Milk Gravy, Peas, Apple Ring, Marshmallow Dessert

Supper: Potato Chowder, Salmon Salad Sandwich, Peach Half w/Cottage Cheese, Macaroon Brownie

Thursday, March 23rd

Lunch: Roast Turkey, Mashed Potatoes w/Gravy, Corn, Cranberry Sauce, Pumpkin Cheesecake

Supper: BBQ Pork on a Bun, Potato Chips, Pickles, Pears, Scotcheroos

Friday, March 24th

Lunch: Batter Fried Fish, Potato Wedges, Stewed Tomatoes, Chinese Veggie Salad, Tapioca Pudding

Supper: Split Pea Soup, Egg Salad Sandwich, Cantaloupe, Toffee Poke Cake

Lunch

Supper

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| • Dorset Dining | 10:40am - 11:00am | • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 11:05am - 11:20am | • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |