

September 14th-September 20th Recreation Activities

Memory Care 3

Monday, September 14th

9:15 Daily Chronicle Coffee Talk

9:30 Strong Bones Exercise

1:30 PM Refreshments with Relaxation Time

2:00 Manicures

3:30 Walks Outside

5:30 Leaf Silhouette

Tuesday, September 15th

9:00 Daily Chronicle Coffee Talk

9:15 Acorn Bingo!

1:00 Travelogue: Sweden

2:00 PM Refreshments with Color Your Mandala

5:30 Movie Night!

Wednesday, September 16th

9:00 Daily Chronicle Coffee Talk

9:15 Current Events

1:30 PM Refreshments with Relaxation Time

2:00 Weekly Spiritual Reading

3:30 Funny Bones Joke Telling

5:30 Bike Rides

Thursday, September 17th

9:00 Daily Chronicle Coffee Talk

9:15 Penny Pitch

1:00 Walks Outside

2:00 PM Refreshments with Summer Coloring

5:30 Evening Coloring

Friday, September 18th

9:00 Daily Chronicle Coffee Talk

9:15 Baseball Trivia Toss

1:00 Name that Tune!

2:00 PM Refreshments with Relaxation Time

5:30 Trivia Night!

Saturday, September 19th

9:30 Sitting Exercises

2:00 PM Refreshments with Walks Outside

5:30 Bowling

Sunday, September 20th

9:30 Sitting Exercises

2:00 PM Refreshments with Relaxation Time

5:30 Walks Outside

Questions? See Hannah Wieser, Life Enrichment Coordinator 608.791.2733 or hwieser@eaglecrestlife.org



Underline = RCA led activity

September 14th-September 20th Recreation Activities

Memory Care 2

Monday, September 14th

10:00 Mimic Me Exercise

11:00 1:1 Visits with Amy

1:00 Walks Outside

2:00 Would You Rather?

3:00 PM Refreshments with Summer Coloring

5:30 You Be the Judge

Tuesday, September 15th

9:00 Daily Chronicle Coffee Talk

9:15 3-in-a-row

1:00 Namaste Care

2:00 Manicures & Hand Massages

3:00 PM Refreshments with Relaxation Time

5:30 Evening Walks Outside

Wednesday, September 16th

10:00 Daily Chronicle Coffee Talk

10:15 Sitting Exercises

1:00 Church Devotional Reading

1:30 Walks Outside

3:00 PM Refreshments with Summer Coloring

5:30 Bowling

Thursday, September 17th

9:00 Daily Chronicle Coffee Talk

9:15 Hangman

1:00 Finishing Lines

2:00 Sing-a-Long

3:00 PM Refreshments with Walks Outside

5:30 Trivia Night!

Friday, September 18th

9:00 Daily Chronicle Coffee Talk

9:15 Strong Bones Exercise

3:00 PM Refreshments with Summer Coloring

5:30 Flyswatter Ball

Saturday, September 19th

9:30 Daily Chronicle Coffee Talk

9:45 Target toss

2:00 Piano Music with Amy

3:00 PM Refreshments with Relaxation Time

5:30 Finishing Lines

Sunday, September 20th

9:30 Daily Chronicle Coffee Talk

9:45 Pictionary

2:00 Cake Box Cookies: Part 1

3:00 PM Refreshments with Walks Outside

5:30 Movie Night!

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