

# January 3<sup>rd</sup> –January 9<sup>th</sup> Recreation Activities

## Unit 1

### Monday, January 3<sup>rd</sup>

10:00 New Years Resolutions  
1:00 Shari Sarazin Harp Music  
5:45 Winter Hangman

### Tuesday, January 4<sup>th</sup>

9:00 Random Trivia  
10:45 Snowman Slam!  
3:00 Penny Ante  
5:45 Flyswatter Volleyball

### Wednesday, January 5<sup>th</sup>

9:00 Daily Chronicle Reading  
10:00 Snowman Cup Craft  
10:45 Strong Bones Exercise  
1:15 Ecumenical Service  
5:45 1:1's w/ Staff

### Thursday, January 6<sup>th</sup>

9:00 Current Events  
1:00 Bunco Dice Game  
5:45 Winter Pictionary

### Friday, January 7<sup>th</sup>

9:00 Spot The Difference  
10:00 Target Toss  
2:00 You Be The Judge  
5:45 Shut The Box

### Saturday, January 8<sup>th</sup>

9:00 2 Truths and a Lie  
1:00 Chicken Soup for the Soul Reading  
5:45 Alphabet Ball

### Sunday, January 9<sup>th</sup>

10:00 Coffee Filter Snowflakes  
2:00 1:1 w/ Lucy  
5:45 Movie Night!

Underline=RCA Led Activities



Questions? See Nicole Perreault, Life  
Enrichment Coordinator 608.8810207 or  
[nperreault@eaglecrestlife.org](mailto:nperreault@eaglecrestlife.org)

## January 3<sup>rd</sup> –January 9<sup>th</sup> Recreation Activities

### Unit 2

#### Monday, January 3<sup>rd</sup>

9:00 New Years Resolutions

1:00 Ring Toss |

5:45 Winter Hangman

#### Tuesday, January 4<sup>th</sup>

9:30 Would You Rather...

10:00 Bowling

6:15 Chicken Soup Reading

#### Wednesday, January 5<sup>th</sup>

9:00 Spot The Difference

10:00 Strong Bones Exercise

1:15 Ecumenical Service (MC 1)

3:00 You Be The Judge

5:45 1:1's w/ Staff

#### Thursday, January 6<sup>th</sup>

10:00 Current Events

2:00 Popcorn Trivia Toss

5:45 Winter Pictionary

#### Friday, January 7<sup>th</sup>

10:00 Snowman Slam!

10:45 Target Toss

2:00 Shut The Box

#### Saturday, January 8<sup>th</sup>

10:00 Snowman Craft

3:00 Hallway Walks

5:45 Alphabet Ball

#### Sunday, January 9<sup>th</sup>

9:00 Daily Chronicle Reading

1:00 1:1 w/ Lucy

5:45 Movie Night!

Underline=RCA Led Activities



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# January 3<sup>rd</sup> –January 9<sup>th</sup> Recreation Activities

## Unit 4

### Monday, January 3<sup>rd</sup>

10:45 Strong Bones Exercise

2:00 6,5,4 Dice Game

5:45 Chicken Soup Reading

### Tuesday, January 4<sup>th</sup>

9:00 Daily Chronicle Reading

10:45 3's Dice Game

2:00 Hallway Walks

5:45 Manicures

### Wednesday, January 5<sup>th</sup>

9:00 Current Events

10:45 Uno!

2:00 Chicken Feet Dominoes

6:15 Shut The Box!

### Thursday, January 6<sup>th</sup>

9:00 Would You Rather...

1:30 Horse Racing

6:15 Winter Pictionary



### Friday, January 7<sup>th</sup>

10:00 Parachute Games

1:15 Ecumenical Service (CR)

6:15 Movie Night!

### Saturday, January 8<sup>th</sup>

10:00 Sitting Exercises

2:00 Alphabet Ball

6:15 Left? Center? Right!

### Sunday, January 9<sup>th</sup>

10:00 Sit and Stretch

2:00 Ring Toss

6:15 PM Refreshments with Trivia

### Activity Locations

CR → Community Room

Underline=RCA Led Activities

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