

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		2:00 Movie: <i>Going in Style</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.	9:30 Bible Study with Pastor Dennis (BB) 11:00 Book Club (AS) 3:30 Knitting Group (AS)	10:00 Bible Study with Pastor Mumm (CL) 2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available	9:00 Chair Yoga (AUD) 1:00-3:00 Mahjong CL 2:00 Ecumenical Church Service (AUD)	
6	10:00-11:30 Embroidery Club (BB) 11:00 Strong Bones Exercise (AUD)	7 10:00 Resident Meeting (AUD) 2:00 Resident Meeting (AUD) 2:00 Movie: <i>40 Pounds of Trouble</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.	8 9:30 Bible Study with Pastor Dennis (BB) 3:30 Knitting Group (AS)	9 10:00 Bible Study with Pastor Mumm (CL) 1:00 Bunco (BB) 2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available	10 9:00 Chair Yoga (AUD) 2:00 Ecumenical Church Service (AUD)	12
13	11:00 Catholic Mass (AUD) 11:00 Strong Bones Exercise (AUD) <small>Flag Day (US)</small>	14 2:00 Movie: <i>The Greatest Showman</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.	15 9:30 Bible Study with Pastor Dennis (BB) 3:30 Knitting Group (AS)	16 10:00 Bible Study with Pastor Mumm (CL) 2:00 Tea @ 2 (AUD) 3:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available	17 No chair yoga Please see church handout in mail room.	19 <small>Juneteenth</small>
20	11:00 Strong Bones Exercise (AUD) 1:00-3:00 Free Hearing Aid Cleaning (Bistro) <small>Summer Begins Father's Day (US)</small>	21 2:00 Movie: <i>Shall We Dance</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.	22 9:30 Bible Study with Pastor Dennis (BB) 3:30 Knitting Group (AS)	23 10:00 Bible Study with Pastor Mumm (CL) 2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available	24 9:00 Chair Yoga (AUD) Please see church handout in the mail room.	26
27	11:00 Strong Bones Exercise (AUD)	28 2:00 Movie: <i>Calendar Girls</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.	29 9:30 Bible Study with Pastor Dennis (BB) 3:30 Knitting Group (AS)	30	 June 2021 Independent Living and Senior Living Calendar	

Masks must be worn at all times in the common areas!

STRONG BONES EXERCISE IN AUDITORIUM OR VIA ZOOM:

- No Sign-up required!
- Please note, there are limited spots available each week.
- 15 spots are reserved for residents in AL and HAAL weekly
- Masks must be worn the entire time of the program.
- Chairs **MUST** stay the way they are set up. Please DO NOT move the chairs.
- Weights are not required! We have limited weights, so please bring your own weights if you prefer
- Activity will continue to be offered via zoom as well:
 - Download Zoom to your electronic device of choice and create an account (if you haven't already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please note that it will ask for a password. The password is: eaglecrest
 - Activities will start at the designated time. Please be sure you are connected before the activity begins.

FRIDAY'S CHAIR YOGA WITH SARA:

- No Sign-up required!
- Sessions are 30 minutes each
- Please note, there are limited spots available each week.
- Masks must be worn the entire time of the program.
- Chairs **MUST** stay the way they are set up. Please DO NOT move the chairs.

MOVIES IN THE THEATRE:

- All movies have a sign-up sheet that is posted every Wednesday, the week prior. If you are interested, please write your name on the list.
- Senior Living's sign-up is posted in the mailroom, and Independent Living's sign-up is posted on the theatre door.
- Please note that there is a limit of 14 people per movie showing.

- Masks must be worn for the entire movie!

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- AUD: Auditorium (ECS 1, 2nd floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CM: Community Room (ECS 2, 1st floor)

SPIRITUAL SERVICE WITH PASTOR LISA & FATHER KULAS:

- No Sign-up required!
- Please note, there are limited spots available each week.
- Masks must be worn the entire time of the program.
- Chairs **MUST** stay the way they are set up. Please DO NOT move the Chairs!

INDEPENDMENT LED GROUPS (IN HOUSE TELEPHONE CONTACT) THESE ARE NOT LED BY LIFE ENRICHMENT!

- Men at Ten – Bob B. 12308
- Knitting Club – Kathy G. 12200
- Book Club – Kathy G. 12200
- Embroidery Club – Kathy G. 12200
- Tea at Two – Marlie B. 12308
- Bible Study with Pastor Mumm – Wyonne R. 12018
- Bible Study with Pastor Dennis – Cheryl 10200
- Bunco – Mary G. 12105
- Catholic Mass with Father Kulas – Hannah 12733