Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Call Life Enrichment at 10207 or 12733 with any questions or concerns.	1 11:00am Strong Bones via Zoom	2		11:00am 4 Spiritual Reading via Zoom	5	6
7	8 11:00am Strong Bones via Zoom	9		11:00am 11 Spiritual Reading via Zoom	12	13
14 Flag Day (US)	15 11:00am Strong Bones via Zoom	16	2:00pm	11:00am 18 Spiritual Reading via Zoom	19	20 Summer Begins
21 Father's Day	22 11:00am Strong Bones via Zoom	23		11:00am 25 Spiritual Reading via Zoom	26	27
28	11:00am Strong Bones via Zoom	30	<b>June 2020</b> ECS IL & SL CALENDAR			

# TO JOIN AN ACTIVITY VIA ZOOM:

- 1. Download Zoom to your electronic device of choice and create an account (if you haven't already)
- 2. Join our Zoom meeting by using this link: <u>https://us04web.zoom.us/j/79785075740?pwd=R3JaNGpYRDBBZ0IIWTRHc29HMkE3Zz0</u>
- 3. Please note that it will ask for a password. The password is: eaglecrest
- 4. Activities will start at the designated time. Please be sure you are connected before the activity begins.

## ICE CREAM TRUCK

- We will be taking our "ice cream truck" up and down the hallways from 1pm-2pm on ECS1 and 2pm-3pm on ECS2.
- Please stay in your room, we will knock on the door or ring the doorbell.
- Ice cream treats are free!
- One ice cream treat per person please.

### BAKING GROUP

- Please call Life Enrichment at 10207 or 12733 to sign up by Friday, June 5<sup>th</sup>.
- The ingredients will be dropped off at your door by 2pm.
- Log into Zoom so we can bake together!
- There will be 20 spots available for this activity.
- There is a different link for this Zoom activity which will be dropped off with the supplies.

#### **BIKE RIDES**

- Our bike is a two-person bike. You will be riding with one of the Life Enrichment Assistants, so only one person will be able to go at a time.
- You have the option to pedal or relax with your feet on a foot rest.
- There are only 6 spots available for this activity. Please call Life Enrichment at 10207 or 12733 to pick which time you are interested in by Friday, June 12<sup>th</sup>.
- You must wear a mask in order to go for a bike ride.

# PLANTING ON THE PATIO

- We will be planting flowers in a pot for you to put on your deck or porch!
- Please wear a mask and gloves. We will have gloves available if you do not have any.
- There will be no more than one person seated at each table.
- There are 20 total spots available, 10 on ECS1 and 10 on ECS2.
- Please meet on the patio at the time designated above.
- Please call Life Enrichment at 10207 or 12733 to sign up by Friday, June 19<sup>th</sup>.

### PLEASE NOTE

- You must wear a mask, or you will unfortunately not be able to participate.
- Due to the limited spots, you will only be able to sign up for ONE activity at a time, and you can be asked to be placed on a wait list for the others.