

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:00 Strong Bones Exercise Via Zoom	1 11:00 Zoom Travelogue with Viterbo Students. No sign-up required!  2:00 Movie <i>Hidden Figures</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.  <small>Groundhog Day</small>	2 11:00 Take N Bake Strawberry Brownie Bites (Please call 12713 to sign up). <u>This is a Zoom program with Viterbo students.</u>	3 11:00 Spiritual Reading Via Zoom  2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available	4 11:00 Strong Bones Exercise Via Zoom	5 6
7	11:00 Strong Bones Exercise Via Zoom	8 11:00 Zoom Trivia with Viterbo Students. No sign-up required!  2:00 Movie <i>7 Brides for 7 Brothers</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.	9 11:00 DIY: Valentine's Block Craft (Please call 12713 to sign up). <u>This is a Zoom program with Viterbo students.</u>	10 11:00 Spiritual Reading Via Zoom  2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available	11 11:00 Strong Bones Exercise Via Zoom  <small>Chinese New Year (Year of the Ox)</small>	12 13
14	11:00 Strong Bones Exercise Via Zoom	15 11:00 Zoom Travelogue with Viterbo Students. No sign-up required!  2:00 Movie <i>Because of Winn Dixie</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.  <small>Mardi Gras</small>	16 11:00 Take N Bake Tomato Basil Tarts (Please call 12713 to sign up). <u>This is a Zoom program with Viterbo Students.</u>  <small>Ash Wednesday</small>	17 11:00 Spiritual Reading Via Zoom  2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available	18 11:00 Strong Bones Exercise Via Zoom	19 20
21	11:00 Strong Bones Exercise Via Zoom	22 11:00 Zoom Trivia with Viterbo Students. No sign-up required!  2:00 Movie <i>The Butler</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.	23 11:00 DIY: Maser Jar Soap Dispenser (Please call 12713 to sign up). <u>This is a Zoom program with Viterbo students.</u>	24 11:00 Spiritual Reading Via Zoom  2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available  <small>Purim Begins</small>	25 11:00 Strong Bones Exercise Via Zoom	26 27
28	 <h1 style="color: red; margin: 0;">February 2021</h1> <h2 style="margin: 0;">Independent Living and Senior Living Calendar</h2>					

NEW PROCEDURES FOR ACTIVITIES! PLEASE SEE THE BACK OF THE CALENDAR FOR INSTRUCTIONS ON HOW TO JOIN.

#### TO JOIN STRONG BONES OR SPIRITUAL READING VIA ZOOM:

- Download Zoom to your electronic device of choice and create an account (if you haven't already)
- Join our Zoom meeting by entering in the meeting ID: 79785075740
- Please note that it will ask for a password. The password is: eaglecrest
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

#### TAKE & BAKE AND DIY CRAFTS WITH VITERBO STUDENTS

- Please call Life Enrichment at 12713 if you are interested as there are limited spots available each week.
- The ingredients/supplies will be dropped off at your door the day of the activity by 10:00.
- Supplies not provided by Life Enrichment include: mugs, cups, spoons, scissors, pens/pencils, and other utensils
- Join our Zoom meeting by entering in the meeting ID: 858 6872 6837
- Please note that it will ask for a password. The password is: eaglecrest
- Activities will start at the designated time, and will be led by Viterbo University students. Please be sure you are connected before the activity begins.

#### MOVIES IN THE THEATRE:

- All movies have a sign-up sheet that is posted every Wednesday, the week prior. If you are interested, please write your name on the list.
- Senior Living's sign-up is posted in the mailroom, and Independent Living's sign-up is posted on the theatre door.
- Please note that there is a limit of 14 people per movie showing.
- Masks must be worn for the entire movie!

#### TRIVIA AND TRAVELOGUE WITH VITERBO STUDENTS:

- No sign-up is required!
- This is a Zoom activity hosted by Viterbo students.
- Join our Zoom meeting by entering the meeting ID: 858 6872 6837
- Please note that it will ask for a password. The password is: eaglecrest