

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>1</p> <p>11:00 Strong Bones Exercise Via Zoom</p> <p>Turkey Scavenger Hunt! See the back for more details.</p> <p>Daylight Saving Time Ends</p>	<p>2</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p>3</p> <p>10:00 Movie <i>Out to Sea</i> (Sign up in the mail room for Senior Living ONLY. Limited Seating Available.)</p> <p>2:00 Movie <i>South Pacific</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.</p>	<p>4</p> <p><b>Please call Hannah Wieser at 12733 if you would like to be trained on the fitness equipment!</b></p>	<p>5</p> <p>10:00 Movie <i>Out to Sea</i> (Sign up in the mail room for Independent Living ONLY. Limited Seating Available.)</p> <p>11:00 Spiritual Reading Via Zoom</p> <p>2:00 Series <i>Heartland</i> (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available.</p>	<p>6</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p>7</p>	
<p>8</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p>9</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p>10</p> <p>10:00 Movie <i>Around the World in 80 Days</i> (Sign up in the mail room for Senior Living ONLY. Limited Seating Available.)</p> <p>2:00 Showing of <i>2016 Freedom Honor Flight</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.</p>	<p>11</p> <p>10:00 Bookworms Book Club Meeting via Zoom (see back of calendar for instructions on how to join)</p> <p><b>Happy Veteran's Day! Please thank a Veteran for their service!</b></p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>12</p> <p>10:00 Movie <i>Around the World in 80 Days</i> (Sign up in the mail room for Independent Living ONLY. Limited Seating Available.)</p> <p>11:00 Spiritual Reading Via Zoom</p> <p>2:00 Series <i>Heartland</i> (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available.</p>	<p>13</p> <p>11:00 Strong Bones Exercise Via Zoom</p> <p>DIY: Reversible Fall and Christmas Décor Craft (Please call 10207 to sign up!)</p>	<p>14</p>	
<p>15</p> <p>11:00 Strong Bones Exercise Via Zoom</p> <p>Put your favorite Thanksgiving recipe outside your door by 4pm. LE will pick up and the recipes will be displayed on the TV leading up to Thanksgiving!</p>	<p>16</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p>17</p> <p>10:00 Movie <i>Miss Congeniality</i> (Sign up in the mail room for Senior Living ONLY. Limited Seating Available.)</p> <p>2:00 Movie <i>Hello Dolly</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.</p>	<p>18</p> <p>Take N Bake: Apple Pie Bites (Please call 10207 to sign up)</p>	<p>19</p> <p>10:00 Movie <i>Miss Congeniality</i> (Sign up in the mail room for Independent Living ONLY. Limited Seating Available.)</p> <p>11:00 Spiritual Reading Via Zoom</p> <p>2:00 Series <i>Heartland</i> (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available.</p>	<p>20</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p>21</p>	
<p>22</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p>23</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p>24</p> <p>10:00 Movie <i>Chitty Chitty Bang Bang</i> (Sign up in the mail room for Senior Living ONLY. Limited Seating Available.)</p> <p>2:00 Movie <i>The Music Man</i> (Sign up in the mail room) for Senior Living ONLY. Limited seating available.</p>	<p>25</p> <p>Take N Bake: Acorn Donut Holes (call 10207 to sign up)</p>	<p>26</p> <p></p> <p>HAPPY <i>thanks giving</i></p> <p>Thanksgiving Day (US)</p>	<p>27</p> <p>11:00 Strong Bones Exercise Via Zoom</p> <p>DIY: Mason Jar Tissue Dispenser! (Please call 10207 to sign up!)</p>	<p>28</p>	
<p>29</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p>30</p> <p>11:00 Strong Bones Exercise Via Zoom</p>	<p><b>November 2020</b></p> <p>Independent Living and Senior Living Calendar</p>					

Please see the back side for more information!

#### TO JOIN STRONG BONES OR SPIRITUAL READING VIA ZOOM:

- Download Zoom to your electronic device of choice and create an account (if you haven't already)
- Join our Zoom meeting by entering in the meeting ID: 79785075740
- Please note that it will ask for a password. The password is: eaglecrest
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

#### TAKE & BAKE

- Please call Life Enrichment at 10207 or 12733 if you are interested as there are limited spots available each week.
- The ingredients will be dropped off at your door the day of the activity at our earliest convenience.
- Supplies not provided by Life Enrichment include: mugs, cups, spoons and other utensils.
- Please choose only one take & bake. We will put you on a wait list for the second take & bake if we have extra spots available

#### MAKE YOUR OWN MASON JAR TISSUE DISPENSER, OR REVERSIBLE DÉCOR CRAFT

- Please call Life Enrichment at 10207 or 12733 if you are interest as there are limited spots available each week.
- The supplies will be dropped off at your door the day of the activity at our earliest convenience.
- Please choose only one craft. We have a lot of people interested in crafts! We will put you on a wait list for the second craft if you are interested.

#### TO JOIN BOOKWORMS BOOK CLUB VIA ZOOM:

- Download Zoom to your electronic device of choice and create an account (if you haven't already).
- Join our Zoom meeting by entering in the meeting ID: 3768663085
- Please note that it will ask for a password. The password is: bookclub
- Please call Mary Hosler in apartment #110 at 12110 with questions.

#### TURKEY SCAVENGER HUNT

- Each week there will be paper turkeys taped up around the building on each side (ECS1 and ECS2).
- No need to go far, there will be one on each floor! We kindly ask that you only look for turkeys on the side of the building in which you reside.
- If you find a turkey, grab it and call 10207 for a thanksgiving surprise!
- Please share the holiday cheer! If you find more than one turkey, please leave it for another lucky person to find ☺

#### THANKSGIVING RECIPES

- Print or write out a copy of your favorite Thanksgiving recipe.
- Tape it to your door or set it on the shelf outside your apartment by 4pm on Tuesday November 17<sup>th</sup>.
- Life Enrichment will come to pick it up around 4pm.
- Watch channel 901 to see what fun recipes your neighbors enjoy!