

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# October 2020

## Independent Living/Senior Living Activity Calendar

				<p>Month Long <b>1</b> BINGO! Details on the back!</p>	<p>11:00 Strong <b>2</b> Bones Exercise Via Zoom</p> <p>Sukkot Begins</p>	<p><b>3</b> <b>World Card Making Day! Make a card for your neighbors or make cards for LE mailbox to distribute to other residents in the facility!</b></p>
<p><b>4</b> 11:00 Strong Bones Exercise Via Zoom</p> <p><b>*National Do Something Nice Day*</b></p>	<p><b>5</b> Brain teaser of the week! The first person to call 10207 will win a prize!</p>	<p><b>6</b> Take N Bake: Pumpkin Turnovers (please call 10207 to sign up)</p>	<p><b>7</b> 11:00 Spiritual Reading Via Zoom</p> <p>New bingo numbers posted!</p>	<p><b>8</b> 11:00 Strong Bones Exercise Via Zoom</p>	<p><b>9</b></p>	<p><b>10</b></p> <p>Simchat Torah Begins</p>
<p><b>11</b> 11:00 Strong Bones Exercise Via Zoom</p> <p>Columbus Day (US) Thanksgiving Day (Canada)</p>	<p><b>12</b> Brain teaser of the week! The first person to call 10207 will win a prize!</p>	<p><b>13</b> 10:00 Bookworms Book Club Meeting via Zoom (see back of calendar for instructions on how to join)</p> <p>Take n Bake: Cheesy Pizza Sticks (please call 10207 to sign up)</p>	<p><b>14</b> 11:00 Spiritual Reading Via Zoom</p> <p><b>Please drop all non-perishable food items off in the mailrooms by 4:00pm!</b></p> <p>New bingo numbers posted!</p>	<p><b>15</b> 11:00 Strong Bones Exercise Via Zoom</p> <p>Pumpkin Paint and Sip (In-Room). Please call 10207 by Monday, 10/12 to sign up!</p>	<p><b>16</b></p>	<p><b>17</b></p>
<p><b>18</b> 11:00 Strong Bones Exercise Via Zoom</p>	<p><b>19</b> Brain teaser of the week! The first person to call 10207 will win a prize!</p>	<p><b>20</b> Take N Bake: Snickerdoodle Cookies (please call 10207 to sign up)</p>	<p><b>21</b> 11:00 Spiritual Reading Via Zoom</p> <p>New bingo numbers posted!</p>	<p><b>22</b> 11:00 Strong Bones Exercise Via Zoom</p> <p>DIY: Tie Blanket! Please call 10207 by Monday, 10/26 to sign up!</p>	<p><b>23</b></p>	<p><b>24</b></p>
<p><b>25</b> 11:00 Strong Bones Exercise Via Zoom</p>	<p><b>26</b> Brain teaser of the week! The first person to call 10207 will win a prize!</p> <p><b>Halloween Card Making Craft! Design your own card and send it to a friend or loved one! Call Life Enrichment for supplies!</b></p>	<p><b>27</b> Take N Bake: Pumpkin Cheesecake (please call 10207 to sign up)</p>	<p><b>28</b> 11:00 Spiritual Reading Via Zoom</p> <p>New bingo numbers posted!</p> <p><b>Trick or Treat? Halloween surprise room delivery! Building 1: 1:30-2:30p Building 2: 2:30-3:30p</b></p>	<p><b>29</b> 11:00 Strong Bones Exercise Via Zoom</p>	<p><b>30</b></p>	<p><b>HAPPY HALLOWEEN</b></p>

#### TO JOIN STRONG BONES OR SPIRITUAL READING VIA ZOOM:

- Download Zoom to your electronic device of choice and create an account (if you haven't already)
- Join our Zoom meeting by entering in the meeting ID: 79785075740
- Please note that it will ask for a password. The password is: eaglecrest
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

#### BRAIN TEASERS (crossword, word search, word unscramble, and wacky words)

- These will be placed in the mail room every Tuesday by 8:30am.
- Once you have completed the word game, please call Hannah or Carla to see if you were the first to finish.
- Life Enrichment will deliver a prize to the first person to complete the word game each Tuesday.
- Please wear a mask when going to pick up the puzzles from the mail room.

#### TAKE & BAKE

- Please call Life Enrichment at 10207 or 12733 if you are interested as there are limited spots available each week.
- The ingredients will be dropped off at your door the day of the activity at our earliest convenience.
- Supplies not provided by Life Enrichment include: mugs, cups, spoons and other utensils.
- Please choose only one take & bake. We will put you on a wait list for the second take & bake if we have extra spots available

#### MAKE YOUR OWN PUMPKIN PAINT & SIP, HALLOWEEN CARD OR TIE BLANKET

- Please call Life Enrichment at 10207 or 12733 if you are interest as there are limited spots available each week.
- The supplies will be dropped off at your door the day of the activity at our earliest convenience
- Please choose only one craft. We have a lot of people interested in crafts! We will put you on a wait list for the second craft

#### TO JOIN BOOKWORMS BOOK CLUB VIA ZOOM:

- Download Zoom to your electronic device of choice and create an account (if you haven't already)
- Join our Zoom meeting by entering in the meeting ID: 3768663085
- Please note that it will ask for a password. The password is: bookclub
- Please call Mary Hosler in apartment #110 at 12110 with questions

#### HALLOWEEN TRICK-OR-TREAT

- Tricks-or-treats this Halloween season? Find out Thursday, October 29<sup>th</sup>!
- Building 1: Rooms #100-421
- Building 2: Rooms #1000-5034

#### NON-PERISHIBLE FOOD ITEMS

- If you would like to and are able, please bring any non-perishable food items and place in the box in the mail rooms. All donations will be taken on October 15<sup>th</sup> to the WAFER food pantry. Thank you for your donations!

#### MONTH LONG BINGO

- At the beginning of the month, please grab a bingo card from the mailroom! Each Thursday we will put up three numbers, these will be crossed out on the large bingo sheet on the bulletin board. When you get a bingo (diagonal, horizontal, four corners or vertical) please call 10207 to claim your prize! One bingo card per person please!