

June 7th – June 13th Recreation Activities

High Acuity Assisted Living

Monday, June 7th

11:00 Strong Bones Exercise (AUD)

1:00 Walks Outside

Tuesday, June 8th

9:00 More Clue Trivia (CA)

11:00 Hand Massages/Manicures (In-room)

1:00 Finishing Lines (CA)

Wednesday, June 9th

9:00 Bingo (DR)

2:00 Weekly Spiritual Service (AUD)

3:30 Knitting (AS)

Thursday, June 10th

10:00 Bible Study with Pastor Mumm (CL)

1:00 6,5,4 Dice Game (CA)

Friday, June 11th

9:45 -10:15 Chair Yoga (AUD)

1:00 Jeopardy Trivia (CA)

Saturday, June 12th

11:00 Color Your Mandala (supplies in common area) *Independently led activity*

Sunday, June 13th

11:00 Solitaire Card Game (supplies/instructions in common area) *Independently led activity*

Activity Locations

CA = Common Area

DR= Dining Room

AUD= Auditorium

CL = Club Lounge, ECS 2, 1st floor

AS = Art Studio, ECS 2, 1st floor

BB = Blarney Bar, ECS 1, 1st floor

Questions? See Hannah Wieser, Life Enrichment Coordinator at 608.791.2733 or hwieser@eaglecrestlife.org

