

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Happy Labor 1 Day!</b> Life Enrichment Staff off today 4:00 BYOB Happy Hour-BB/CL* <small>Labor Day</small>	<b>2</b> 10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>My Sisters Keeper</i> -T	<b>3</b> 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits w/ Loki & Odin-BB 3:30 Knit & Chat-BB*	<b>4</b> 10:00 Bible Study w/ Pastor Mumm-CL* <b>1:30 LudyTunes Performance-A</b> 2:30 TV Series: <i>Sullivan's Crossing</i> -T 3:15 Jeopardy-3CA	<b>5</b> 9:30 Chair Yoga-A 11:00 Bingo-BB <b>1:30 Picking Out the October Movies-T</b> <b>3:00 Holiday Bazaar Meeting-A</b>	<b>6</b> Grandparents Day Word Jumble-Building 1 Library 2:00 Movie: <i>Father of the Bride</i> -T
<b>Happy Assisted 7 Living Week!</b>  *Coulee Guild Stitchers Meeting on Monday (9/1) from 9:30-11am in the Blarney Bar* <small>Grandparents Day</small>	<b>10:00 Catholic 8 Mass-A</b> 11:15 Bingo-2DR <b>1:30 Cheezland Uke Band-A</b> 4:00 BYOB Happy Hour-BB/CL*	<b>9</b> 10:00 Knitting-CL* 1:00 Euchre-CL* <b>2:00 World Trivia Vs. EC North-A</b> 3:00 Movie: <i>Breach</i> -T	<b>No Exercise 10 today!</b> 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A <b>3:00 Sing Along-CR*</b> 3:00 Pet Visits-BB 3:30 Knit & Chat-BB*	<b>11</b> *Scrabble has moved to Wednesdays @ 6pm in the Club Lounge* 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 TV Series: <i>Sullivan's Crossing</i> -T 3:00 Jeopardy-3CA	<b>12</b> 9:30 Chair Yoga-A 11:00 Bingo-CL <b>1:30 Bus Trip to HyVee Grocery Store-B</b>	<b>September 13</b> Crossword Puzzle- Building 1 Library 2:00 Movie: <i>The Glass Bottom Boat</i> -T
<b>IL/SL Resident 14 Meetings @ 10am &amp; 1pm on Tuesday, Sept. 16<sup>th</sup> in the Auditorium!</b>  *Hand, Knee, & Foot Cards-CR (every Tuesday & Sunday @ 1pm)*	<b>15</b> 9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-B 4:00 BYOB Happy Hour-BB/CL*	<b>16</b> 10:00 Knitting-CL* 1:00 Euchre-CL* 3:00 Movie: <i>Pay It Forward</i> -T <b>3:30 Jeopardy Vs. EC North-A</b> <b>6:00 Book Club-CL</b>	<b>17</b> 9:00 Strong Bones-A 9:45 Pastor Chat-BB <b>10:30 Rosary &amp; Communion-A</b> 2:00 Church-A 3:00 Pet Visits-BB 3:30 Knit & Chat-BB*	<b>18</b> 10:00 Bible Study w/ Pastor Mumm-CL* 1:00 Jeopardy-3CA <b>2:00 Tea @ Two-A</b> 3:00 TV Series: <i>Sullivan's Crossing</i> -T	<b>19</b> 9:30 Chair Yoga-A 11:00 Bingo-BB <b>1:30 Daisy Tappers-A</b> 3:00 Veteran's Get Together-CL*	<b>Golden "Age" 20</b> Word Puzzle-Building 1 Library 2:00 Movie: <i>The Bridges of Madison County</i> -T <small>Oktoberfest Begins</small>
<b>*Scrabble is 21 played every Wednesday @ 6pm in the Club Lounge*</b>  <b>1:30 Living Word Church Hymnal Sing Along-A</b>	<b>22</b> 9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-B 4:00 BYOB Happy Hour-BB/CL* <small>Rosh Hashanah Autumn Begins</small>	<b>23</b> 10:00 Knitting-CL* 1:00 Euchre-CL* <b>2:00 Baby Kangaroo Visits-A</b> 3:00 Movie: <i>The Jazz Singer</i> -T	<b>24</b> 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits w/ Loki & Odin-BB 3:30 Knit & Chat-BB*	<b>25</b> <b>7:00 Oktoberfest Senior Breakfast-B</b> 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 TV Series: <i>Sullivan's Crossing</i> -T 3:00 Jeopardy-3CA	<b>26</b> 9:30 Chair Yoga-A 11:00 Bingo-CL <b>1:30 Grumpy Old Men Music Performance-A</b>	<b>Oktoberfest 27</b> Word Search-Building 1 Library 2:00 Movie: <i>Finding Neverland</i> -T
<b>28</b> <b>Take N Make: Apple Cinnamon Monkey Bread</b> *Delivered Tuesday (9/30) between 3-5pm*	<b>29</b> 9:30 Strong Bones-A 11:00 Bingo-2DR <b>1:30 Interactive Music Circle-A</b> <b>4:00 Oktoberfest Happy Hour-BB</b>	<b>30</b> 10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>McFarland USA</i> -T	 <h1>September 2025</h1> <p>AL/IL/SL Activity Calendar</p>			

**Please turn over for additional information & location keys for programs→**

## **STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:**

· No Sign-up required!

· How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)
- Join our Zoom meeting by entering in the meeting ID: 79785075740
- Please, note that it will ask for a password. The password is **eaglecrest**

-Activities will start at the designated time. Please be sure you are connected before the activity begins.

### **INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):**

- Folks at Ten – Bob B. 12047
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
- Welcome to ECS Group – Shirley D. 15005
  - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
  - Sing-Along – Darlene L. 12010
- Hand, Knee, & Foot – Gail M. 14026
  - Book Club – Mallorie T. 12737
  - Veteran's Group – Dick D. 15005
    - Knit & Chat – Marlie B. 12047
    - Hobby Shop – Peter K. 15024
  - Men's Glee Club – Mike P. 12109
    - Scrabble – Liz A. 12004

### **ACTIVITY LOCATIONS:**

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
  - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
  - T: Theater (ECS 1, 2nd floor)
- C: Craft Room (ECS 1, 1st floor)
  - AL: Assisted Living
- 2DR: Assisted Living 2<sup>nd</sup> Floor Dining Room
- 3CA: Assisted Living 3<sup>rd</sup> Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!

