

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>October 2025</h1> <p>AL/IL/SL</p>			9:00 Strong 1 Bones-A 10:30 Rosary-A 11:00 Meet the Dietician-A 3:00 Pet Visits-B 3:30 Knit & Chat-BB* <small>Yom Kippur Begins</small>	10:00 Bible Study 2 w/ Pastor Mumm-CL* 1:00 Jeopardy-3CA 2:00 Oktoberfest Royalty Visit-A 3:00 TV Series: <i>Sullivan's Crossing-T</i>	3 9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Picking Out the Nov. Movies-T 3:00 Holiday Bazaar Meeting-A	4 Mixed Up Octoberfest Puzzle- Building 1 Library 1:00 Movie: <i>Seven Pounds-T</i>
5 Coulee Guild Stitchers Meeting is on Monday (10/6) from 9:30- 11:30am in the Blarney Bar	6 9:30 Strong Bones-A 11:00 Bingo-2DR 1:15 STAR Center Tour-B 4:00 BYOB Happy Hour-BB/CL* <small>Sukkot Begins</small>	7 10:00 Folks @ Ten-A 10:00 Knitting-CL* 1:00 Euchre-CL* 3:00 Movie: <i>The Greatest Showman-T</i> 6:00 Pet Visits w/ Lyra the Cat-B	8 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits w/ Loki & Odin-B 3:30 Knit & Chat-BB*	9 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 TV Series: <i>Sullivan's Crossing-T</i> 3:00 Jeopardy-3CA	10 (Cammie off) 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Rich Pinski Music Performance-A	11 October Crossword Puzzle-Building 1 Library 1:00 Movie: <i>The Descendants-T</i>
12 Scrabble is played every Wednesday @ 6:00pm in the Club Lounge!	13 10:00 Catholic Mass-A 11:15 Bingo-BB 3:00 Pet Visits-B 4:00 BYOB Happy Hour-BB/CL* <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)</small>	14 10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>It's Complicated-T</i> <small>Simchat Torah Begins</small>	15 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary & Communion-A 2:00 Church-A 3:00 Pet Visits-B 3:30 Knit & Chat-BB*	16 10:00 Bible Study w/ Pastor Mumm-CL* 1:00 Jeopardy-3CA 2:00 Tea @ Two-A 3:00 TV Series- <i>Sullivan's Crossing-T</i>	17 (Mallorie off) 9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Ron Graewin Music-A 3:00 Veteran's Get Together-CL*	18 Indigenous People's Word Match- Building 1 Library 1:00 Movie: <i>Cold Mountain-T</i>
19 Halloween Scavenger Hunt (Oct. 21 st -31 st) *Sheets in Building 1 Library 1:30 Living Word Church Hymnal Sing Along-A	20 9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-B 4:00 BYOB Happy Hour-BB/CL*	21 10:00 Knitting-CL* 1:00 Euchre-CL* 3:00 Movie: <i>Dinner for Schmucks-T</i> 6:00 Book Club-CL	22 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits w/ Loki & Odin-B 3:30 Knit & Chat-BB*	23 10:00 Bible Study w/ Pastor Mumm-CL* 1:30 Amanda Grace Music-A 2:30 TV Series- <i>Sullivan's Crossing-T</i> 3:00 Jeopardy-3CA	24 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Bus Trip to HyVee-Bistro	25 Halloween Dot-To-Dot Puzzle- Building 1 Library 1:00 Movie: <i>The Mule-T</i>
26 Take N Make: Pumpkin Pudding Dip *Delivered Tuesday (10/28) between 3-5pm	27 9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-B 4:00 Halloween Happy Hour-CL	28 10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Ghostbusters 2-T</i>	29 9:00 Strong Bones-A 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits w/ Loki & Odin-B 3:30 Knit & Chat-BB*	30 10:00 Daycare Trick-Or-Treating 10:00 Bible Study w/ Pastor Mumm-CL* 1:30 Jeopardy Vs. EC North-A 2:00 TV Series: <i>Sullivan's Crossing-T</i>	31 9:30 Chair Yoga-A 11:00 WITCH Bingo-BB 1:30 Tom Conrad Halloween Performance-A <small>Halloween</small>	

Please turn over for additional information & location keys for programs→

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

· No Sign-up required!

· How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)
- Join our Zoom meeting by entering in the meeting ID: 79785075740
- Please, note that it will ask for a password. The password is **eaglecrest**

-Activities will start at the designated time. Please be sure you are connected before the activity begins.

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Folks at Ten – Bob B. 12047
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
- Welcome to ECS Group – Shirley D. 15005
 - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
 - Sing-Along – Darlene L. 12010
- Hand, Knee, & Foot – Gail M. 14026
 - Book Club – Mallorie T. 12737
 - Veteran's Group – Dick D. 15005
 - Knit & Chat – Marlie B. 12047
 - Hobby Shop – Peter K. 15024
 - Men's Glee Club – Mike P. 12109
 - Scrabble – Liz A. 12004

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
- C: Craft Room (ECS 1, 1st floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

**Please welcome our new Life Enrichment Assistant,
Cammie! #12713**

All underlined activities indicate that a sign-up is required!