Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		UST 2 SL Activity Ca			1 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Jay Hoffman Music Performance-A	August 2 X-Word Puzzle- Building 1 Library 2:00 Movie: The Devil Wears Prada-T
*Coulee Guild Stitchers Meeting on Monday (8/4) from 9:30-11am in the Blarney Bar*	9:30 Strong 4 Bones-A 11:00 Bingo-2DR 3:00 Pet Visits-B 4:00 BYOB Happy Hour-BB/CL*	10:00 Knitting-AS* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Guess</i> <i>Who's Coming to</i> <i>Dinner</i> -T	9:00 Strong 6 Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits-BB 3:30 Knit &Chat-BB*	9-11am Shared Treasure Table-A 11:00 Scrabble-CL* 2:00 TV Series: Heartland-T 3:00 Jeopardy-3CA	8 9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Karen P. & Trio Music Performance-A	Searching for 9 August Word Search Puzzle- Building 1 Library 2:00 Movie: Flash of Genius-T
*Assisted Livin <b>g0</b> Resident Meeting on Tuesday, Aug. 12 <sup>th</sup> @ 11am in the 2 <sup>nd</sup> floor Dining Room*	Mass-A 11:15 Bingo-2DR 1:00 Harpist: Shari Sarazin-A	10:00 Knitting-AS* 1:00 Euchre-CL* 1:30 Bus Trip to Walmart-B 3:00 Movie: Warm Springs-T	9:00 Exercise-A13 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A 3:00 Sing Along-CR* 3:00 Pet Visits-BB 3:30 Knit &Chat-BB*	14 10:30 Picking Out the Sept. Movies-T 11:00 Scrabble-CL* 2:00 TV Series: Heartland-T 3:00 Jeopardy-3CA	(Mallorie off) 15 9:30 Strong Bones-A 11:00 Bingo-CL 3:00 Veteran's Get Together-CL*	Over the Rainbow Puzzle-Building 1 Library 2:00 Movie: Pay It Forward-T
1:30 Living Word Church Hymnal Sing Along-A	9:30 Strong 18 Bones-A	19 10:00 Knitting-AS* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Hitch</i> -T 6:00 Book Club-CL	9:00 Exercise-A 20 9:45 Pastor Chat-BB 10:30 Rosary & Communion-A 2:00 Church-A 3:00 Pet Visits-BB 3:30 Knit &Chat-BB*	(Mallorie off) <b>21</b> 11:00 Scrabble-CL* 2:00 TV Series: <i>Heartland</i> -T 3:00 Group Jeopardy-3CA	(Mallorie off) <b>22</b> 9:30 Chair Yoga-A 11:00 Bingo w/ Katie-BB *Alyssa's last day in activities!*	Old Phrases Word Puzzle-Building 1 Library 2:00 Movie: Barcelona-T
Take N Make: Tuna Salad *Delivered Monday (8/25) between 3-5pm*	9:30 Strong 25 Bones-A 11:00 Bingo-2DR No Pet Visits! 4:00 BYOB Happy Hour-BB/CL*	10:00 Knitting-AS* 1:00 Euchre-CL* 3:00 Movie: Shirley Temple: The Little		10:00 Good 28 News Singers-A 11:00 Scrabble-CL* 2:00 TV Series: Heartland-T 3:00 Jeopardy Vs. EC North-A	9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Painting w/ Mallorie-AS	Lobster Dinner Crossword Puzzle- Building 1 Library 2:00 Movie: You've Got Mail-T
*Hand, Knee, 31 and Foot Cards are played in the Community Room every Tuesday & Sunday @ 1pm*			5.55 Tent Worldt DD	EO NOITH-A		

Please turn over for additional information & location keys for programs >

## STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

· No Sign-up required!

## · How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)
  - Join our Zoom meeting by entering in the meeting ID: 79785075740
  - Please, note that it will ask for a password. The password is eaglecrest
- -Activities will start at the designated time. Please be sure you are connected before the activity begins.

## INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Folks at Ten Bob B. 12047
- Tea at Two Cheryl V. 15027
- Bible Study with Pastor Mumm Jim M. 14026
  - •Welcome to ECS Group Shirley D. 15005
    - Euchre Dick D. 15005
  - Facebook: Friends of ECS Dan M. 14000
    - Sing-Along Darlene L. 12010
    - Hand, Knee, & Foot Gail M. 14026
      - Book Club Mallorie T. 12737
      - Veteran's Group Dick D. 15005
        - Knit & Chat Marlie B. 12047
        - Hobby Shop Peter K. 15024
      - Men's Glee Club Dick D. 15005
        - Scrabble Mallorie T. 12737

## **ACTIVITY LOCATIONS:**

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
  - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
  - T: Theater (ECS 1, 2nd floor)
  - C: Craft Room (ECS 1, 1st floor)
    - AL: Assisted Living
- 2DR: Assisted Living 2<sup>nd</sup> Floor Dining Room
- 3CA: Assisted Living 3<sup>rd</sup> Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!