



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>*IL/SL Resident Meeting is on Thursday, Jan. 25<sup>th</sup> @ 10:00am OR 1:00pm in the Auditorium</b> 	<b>1</b> Happy New Year!  4:00 BYOB New Year Happy Hour-BB/CL*  <small>New Year's Day</small>	<b>2</b> 9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* <b>1:30 Ryan Herman Music-A</b> 3:00 Movie: <i>High Society</i> -T	<b>3</b> 9:00 Strong Bones-A 9:45 Pastor Chats w/ Linda-BB 10:30 Rosary-A* 2:00 Church-A 3:30 Knit & Chat-BB*	<b>4</b> 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 <i>Longmire</i> Series-T 3:00 Jeopardy-3CA	<b>5</b> 9:30 Chair Yoga-A 11:00 Bingo-CL 1:00 Bridge-BB* <b>3:00 Meeting w/ the Movie Committee-T</b>	<b>6</b> January Crossword Puzzle-Building 1 Library  2:00 Movie: <i>Grumpy Old Men</i> -Theater
<b>7</b>  <b>2:00 Mt. Calvary Church Choir Sing Along-A</b>	<b>8</b> <b>10:00 Catholic Mass-A</b> 11:15 Bingo-2DR 4:00 BYOB Happy Hour-BB/CL*	<b>9</b> 9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Armageddon</i> -T	<b>10</b> 9:00 Strong Bones-A 9:45 Pastor Chats w/ Linda-BB 10:30 Rosary-A* 2:00 Church-A <b>3:00 Sing Along-CR*</b> 3:30 Knit & Chat-BB*	<b>11</b> 10:00 Bible Study w/ Pastor Mumm-CL* <b>1:30 Bunco-BB*</b> 2:00 <i>Longmire</i> Series-T 3:00 Jeopardy-3CA	<b>12</b> 9:30 Chair Yoga-A 11:00 Bingo-BB 1:00 Bridge-BB* <b>1:30 Michael Gruber Music-A</b>	<b>13</b> Mixed Up Buffet Word Unscramble Puzzle-Building 1 Library  2:00 Movie: <i>Because I Said So</i> -T
<b>14</b> Hand, Knee, and Foot Cards are played in the Community Room every Tuesday @ 1:00pm!	<b>15</b> Happy MLK Day! 9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 BYOB Happy Hour-BB/CL* <small>Martin Luther King Jr. Day</small>	<b>16</b> 9:30 Bible Study-BB <b>10-1pm Shared Treasure Table-A</b> 10:00 Knitting-AS* 1:00 Euchre-CL* 3:00 Movie: <i>Big</i> -T <b>6:00 Book Club-CL</b>	<b>17</b> 9:00 Strong Bones-A 9:45 Pastor Chats-BB 10:30 Rosary-A* <b>11:00 Catholic Communion-A</b> 2:00 Church-A 3:30 Knit & Chat-BB*	<b>18</b> 10:00 Bible Study w/ Pastor Mumm-CL* 1:00 Jeopardy-3CA <b>2:00 Tea @ Two-A</b> 3:00 <i>Longmire</i> Series-T	<b>19</b> 9:30 Chair Yoga-A 11:00 Bingo-CL 1:00 Bridge-BB* <b>3:00 Crocheting w/ Mallorie-AS</b>	<b>20</b> Searching For January Word Search Puzzle-Building 1 Library  2:00 Movie: <i>Catch Me If You Can</i> -T
<b>21</b> <u>Take N Make: Single Serving of Microwave Lasagna</u> (Delivered Monday (1/22) between 3-5pm) <small>Activity Professionals Week</small>	<b>22</b> 9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 BYOB Happy Hour-BB/CL*	<b>23</b> 9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>UP</i> -T <b>6:30 Our Savior's SOS Band-A</b>	<b>24</b> 9:00 Strong Bones-A 9:45 Pastor Chats w/ Linda-BB 10:30 Rosary-A* 2:00 Church-A 3:30 Knit & Chat-BB* <small>Tu B'Shevat Begins</small>	<b>25</b> 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 <i>Longmire</i> Series-T <b>3:30 Jeopardy VS EC North-A</b>	<b>26</b> 9:30 Chair Yoga-A 11:00 Bingo-BB 1:00 Bridge-BB* <b>1:00 Bus Trip to Target-Bistro</b> <small>Australia Day (Observed)</small>	<b>27</b> Logical Numbers Puzzle-Building 1 Library  2:00 Movie: <i>The Magnificent Seven</i> -T
<b>28</b> <b>1:30 Living Word Church Hymnal Sing Along-A</b>	<b>29</b> 9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 BYOB Happy Hour-BB/CL*	<b>30</b> 9:30 Bible Study-BB 10:00 Knitting-AS* 1:00 Euchre-CL* 3:00 Movie: <i>Ocean's Eleven</i> -T	<b>31</b> 9:00 Strong Bones-A 9:45 Pastor Chats w/ Linda-BB 10:30 Rosary-A* 2:00 Church-A 3:30 Knit & Chat-BB*			

**Please turn over for additional information & location keys for programs→**

## **STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:**

- No Sign-up required!
  - Chairs must stay where they are; Please do not move them!
  - How to access Strong Bones via zoom:
    - Download Zoom to your electronic device of choice and create an account (if you have not already)
    - Join our Zoom meeting by entering in the meeting ID: 79785075740
    - Please, note that it will ask for a password. The password is **eaglecrest**
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

### **INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):**

- Men at Ten – Bob B. 12308
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
  - Bunco – Mary G. 12105
- Welcome to La Crosse! Newcomers Group – Shirley D. 15005
  - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
  - Sing-Along – Darlene L. 12010
  - Bridge—Barb Quillin 12109
- Hand, Knee, & Foot – Beth D. 15000

All underlined activities indicate that a sign-up is required!

### **ACTIVITY LOCATIONS:**

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
  - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
  - T: Theater (ECS 1, 2nd floor)
  - L: Library (ECS 1, 2nd floor)
    - AL: Assisted Living
- 2DR: Assisted Living 2<sup>nd</sup> Floor Dining Room
- 3CA: Assisted Living 3<sup>rd</sup> Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!