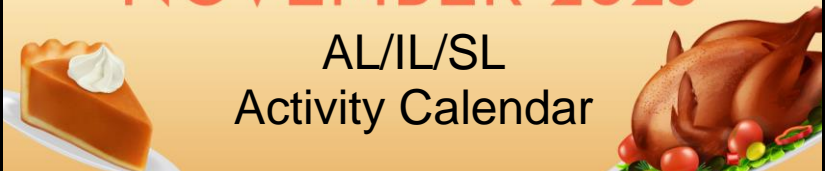


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">NOVEMBER 2023</h1> <h2 style="text-align: center;">AL/IL/SL</h2> <h3 style="text-align: center;">Activity Calendar</h3>			<p>9:00 Strong ¹ Bones-A 9:45 Pastor Chats w/ Linda-BB 2:00 Church-A 3:30 Knit & Chat- BB*</p>	<p>10:00 Bible ² Study w/ Pastor Mumm-CL* 2:00 <i>Longmire</i> Series w/ popcorn served-T 3:00 Jeopardy-3CA</p>	<p>9:30 Chair Yoga-A ³ 11:00 Bingo-CL 1:00 Bridge-BB* 1:30 Bus Trip to Festival Foods- Bldg. 1 Lobby</p>	<p>November ⁴ Crossword Puzzle-Building 1 Library 2:00 Movie: <i>When Harry Met Sally-T</i></p>
<p>Pastor Dennis' ⁵ Bible Study will be held @ 9am in the Blarney Bar on Tuesday the 7th instead of the usual 9:30am!</p>	<p>9:30 Strong ⁶ Bones-A 11:00 Bingo-2DR 1:00 Rosary-A 3:00 Pet Visit w/ Merlin-BB 4:00 BYOB Happy Hour-CL*</p>	<p>10:00 1st Tuesday @ Ten-A* 1:00 Euchre-CL* 1:30 Hans Mayer Performance-A 3:00 Movie: <i>Amistad-T</i></p>	<p>9:00 Strong ⁸ Bones-A 9:45 Pastor Chats w/ Linda-BB 2:00 Church-A 3:30 Knit & Chat- BB*</p>	<p>10:00 Bible ⁹ Study w/ Pastor Mumm-CL* 1:30 Bunco-BB* 2:00 <i>Longmire</i> Series-T 3:00 Jeopardy-3CA</p>	<p>¹⁰ 9:30 Chair Yoga-A 11:00 Bingo-CL 1:00 Bridge-BB* 2:00 Veteran's Day Ceremony-A</p>	<p>Honoring ¹¹ Veteran's Word Search-Building 1 Library 2:00 Movie: <i>Flags of Our Fathers-T</i> <small>Veterans Day Remembrance Day (Canada)</small></p>
<p>Knitting Groups ¹² meet Tuesdays @ 10:00am in the Art Studio & Wednesdays @ 3:30pm in the Blarney Bar! <small>Diwali (Hindi)</small></p>	<p>10:00 Catholic ¹³ Mass-A 11:15 Bingo-2DR 3:00 Movie Comm. Meeting-T 4:00 BYOB Happy Hour-CL*</p>	<p>¹⁴ 9:30 Bible Study-BB 11:00 Line Dancing-A 1:00 Euchre-CL* 1:30 Prairie Smoke Music-A 3:00 Movie: <i>Dirty Dancing-Theater</i></p>	<p>9:00 Strong ¹⁵ Bones-A 9:45 Pastor Chats w/ Linda-BB 11:00 Catholic Communion-A 2:00 Church-A 3:30 Knit & Chat-BB*</p>	<p>10:00 Bible ¹⁶ Study w/ Pastor Mumm-CL* 1:00 Jeopardy-3CA 2:00 Tea @ Two-A* 3:30 <i>Longmire</i> Series-T</p>	<p>(Mallorie off) ¹⁷ 9:30 Chair Yoga-A 11:00 Bingo-CL 1:00 Bridge-BB*</p>	<p>9am-1pm ¹⁸ Holiday Bazaar-A 2:00 Movie: <i>Quigley Down Under-T</i></p>
<p>Take N Make: Single Serving No-Bake Cookies (Delivered 11/20 between 3-5pm) ¹⁹</p>	<p>9:30 Strong ²⁰ Bones-A 11:00 Bingo-2DR 3:00 Pet Visit w/ Merlin-BB 4:00 BYOB Happy Hour-CL*</p>	<p>9:30 Bible Study-BB ²¹ 11:00 Michael Gruber Music-A 1:00 Euchre-CL* 3:00 Movie: <i>On Golden Pond-T</i> 6:00 Book Club-CL</p>	<p>9:00 Strong ²² Bones-A No Pastor Chat today! 11:00 Jeopardy Vs. EC North-A 2:00 Church-A 3:30 Knit & Chat-BB*</p>	<p>Happy ²³ Thanksgiving! 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 <i>Longmire</i> Series-T <small>Thanksgiving Day (US)</small></p>	<p>(Mallorie off) ²⁴ 9:30 Chair Yoga-A No Bingo today! 1:00 Bridge-BB*</p>	<p>Thanksgiving ²⁵ Word Match Puzzle-Building 1 Library 2:00 Movie: <i>The Perfect Storm-T</i></p>
<p>Hand, Knee, & Foot Card Game held in the Community Room every Tuesday @ 1:00pm ²⁶</p>	<p>9:30 Strong ²⁷ Bones-A 11:00 Bingo-2DR 3:00 Painting Class-AS 4:00 BYOB Happy Hour-CL*</p>	<p>9:30 Bible Study-BB ²⁸ 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Just Getting Started-T</i></p>	<p>9:00 Strong ²⁹ Bones-A 9:45 Pastor Chats w/ Linda-BB 2:00 Church-A 3:30 Knit & Chat- BB*</p>	<p>10:00 Bible ³⁰ Study w/ Pastor Mumm-CL* 1:00 Jeopardy-3CA 2:00 Joe Cody Performance-A 3:30 Longmire Series-T</p>		

Please turn over for additional information & location keys for programs →

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

- No Sign-up required!
 - Chairs must stay where they are; Please do not move them!
 - How to access Strong Bones via zoom:
 - Download Zoom to your electronic device of choice and create an account (if you have not already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please, note that it will ask for a password. The password is **eaglecrest**
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Men at Ten – Bob B. 12308
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
 - Bunco – Mary G. 12105
- Welcome to La Crosse! Newcomers Group – Shirley D. 15005
 - Euchre – Jim P. 12302
- Facebook: Friends of ECS – Dan M. 14000
 - Sing-Along – Darlene L. 12010
 - Bridge—Barb Quillin 12109
 - Hand, Knee, & Foot – Beth D. 15000

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - L: Library (ECS 1, 2nd floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area

All underlined activities indicate that a sign-up is required!

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

