

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Back to School Scavenger Hunt Sept. 1-6 See Bulletins for more information!</p>	<p>2</p> <p>(Mallorie and Alyssa off today) 9:30 Coulee Guild Stitchers Meeting-BB 4:00 BYOB Happy Hour-BB/CL* <small>Labor Day</small></p>	<p>3</p> <p>10:00 First Tuesday @ 10-A 10:00 Knitting-AS* 1:00 Euchre-CL* 1:30 Holiday Bazaar Meeting-A 3:00 Movie: <i>The Last Song</i>-T</p>	<p>4</p> <p>9:00 Strong Bones-A 9:45 Pastor Chat w/ Linda-BB 10:30 Rosary-A 2:00 Church-A 3:30 Knit & Chat-BB*</p>	<p>5</p> <p>10:00 Bible Study w/ Pastor Mumm-CL* 2:00 Weekly TV Series-T 3:00 Jeopardy-3CA 3:30 Pastor Chat w/ Linda-BB</p>	<p>6</p> <p>9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Old-Timer's Performance-A</p>	<p>7</p> <p>Labor Day Word Search-Building 1 Library 2:00 Movie: <i>Hacksaw Ridge</i>-T</p>
<p>8</p> <p>Happy Assisted Living Week! Check the Bulletin Boards for fun Dress Up Days! <small>Grandparents Day</small></p>	<p>9</p> <p>10:00 Catholic Mass-A 11:15 Bingo-2DR 3:00 River Valley Raptors-A 4:00 BYOB Happy Hour-BB/CL*</p>	<p>10</p> <p>10:00 Knitting-AS* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Dirty, Rotten, Scoundrels</i>-T</p>	<p>11</p> <p>9:00 Strong Bones-A No Pastor Chat! 10:30 Rosary-A 2:00 Church-A 3:00 Sing Along-CR* 3:30 Knit & Chat-BB*</p>	<p>12</p> <p>10:00 Bible Study w/ Pastor Mumm-CL* 2:00 Weekly TV Series-T 3:00 Jeopardy-3CA 3:30 Pastor Chat w/ Linda-BB</p>	<p>13</p> <p>9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Hans Mayer Performance-A 3:15 Picking Out October Movies-T</p>	<p>14</p> <p>Grandparent's Day Word Puzzle-Building 1 Library 2:00 Movie: <i>The Boys in the Boat</i>-T</p>
<p>15</p> <p>1:30 Living Word Church Hymnal Sing Along-A</p>	<p>16</p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR 1:30 Jeopardy Vs. EC North-A 4:00 BYOB Happy Hour-BB/CL*</p>	<p>17</p> <p>10am & 1pm IL/SL Meetings-A 10:00 Knitting-AS* 1:00 Euchre-CL* 3:00 Movie: <i>Blood Work</i>-T 6:00 Book Club-CL</p>	<p>18</p> <p>9:00 Strong Bones-A 9:45 Pastor Chat w/ Linda-BB 10:30 Rosary & Communion-A 2:00 Church-A 3:30 Knit & Chat-BB*</p>	<p>19</p> <p>10:00 Bible Study-CL* 2:00 Tea @ Two-A 3:00 Weekly TV Series-T 3:00 Sip & Paint w/ Mallorie-AS 3:30 Pastor Chat-BB</p>	<p>20</p> <p>(Mallorie off) 9:30 Chair Yoga-A 11:00 Bingo-BB 3:00 Veteran's Get Together-CL*</p>	<p>21</p> <p>September Crossword Puzzle-Building 1 Library 2:00 Movie: <i>Amadeus</i>-T <small>Oktoberfest Begins</small></p>
<p>22</p> <p>Take N Make: Pumpkin Pudding Dip *Delivered (9/16) between 3-5pm* <small>Autumn Begins</small></p>	<p>23</p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visit w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*</p>	<p>24</p> <p>10:00 Gundersen Stroke Prevention-A 10:00 Knitting-AS* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>She Wore a Yellow Ribbon</i>-T</p>	<p>25</p> <p>9:00 Strong Bones-A No Pastor Chat today! 10:30 Rosary-A 2:00 Church-A 3:30 Knit & Chat-BB*</p>	<p>26</p> <p>10:00 Bible Study-CL* 1:30 LudyTunes Performance-A 3:00 Weekly TV Series-T 3:00 Jeopardy-3CA 3:30 Pastor Chat-BB</p>	<p>27</p> <p>9:30 Chair Yoga-A 11:00 Bingo-CL 1:15 Bus Trip to Festival-Bistro 3:30 Oktoberfest Happy Hour-BB</p>	<p>28</p> <p>Oktoberfest Word Match Puzzle-Building 1 Library 2:00 Movie: <i>Good Morning, Vietnam</i>-T</p>
<p>29</p> <p>*Hand, Knee, & Foot Cards are played in the Community Room every Tuesday @ 1:00pm*</p>	<p>30</p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visit w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*</p>	 <p>SEPTEMBER 2024 AL/IL/SL Activity Calendar</p>				

Please turn over for additional information & location keys for programs→

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

- No Sign-up required!
 - Chairs must stay where they are; Please do not move them!
 - How to access Strong Bones via zoom:
 - Download Zoom to your electronic device of choice and create an account (if you have not already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please, note that it will ask for a password. The password is **eaglecrest**
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- 1st Tuesday at Ten – Bob B. 12308
 - Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
 - Welcome to La Crosse! Newcomers Group – Shirley D. 15005
 - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
 - Sing-Along – Darlene L. 12010
 - Hand, Knee, & Foot – Beth D. 15000
 - Book Club – Mallorie T. 12737
 - Veteran's Group – Dick D. 15005
 - Knit & Chat – Marlie B. 12308
 - Hobby Shop – Peter K. 15024

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - C: Craft Room (ECS 1, 1st floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!