

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# SEPTEMBER 2023

## AL/IL/SL Activity Calendar

								<p>1 9:30 Chair Yoga-A <b>10:30 Licorice Stick Ladies Music-A</b> 1:00 Bridge-BB* 3:00 Meeting: Movie Committee-T</p>	<p>2 Labor Day Match Puzzle-Building 1 Library  2:00 Movie: <i>The Quiet Man</i>-T</p>
<p>3 <u>Take N Make: Single Peanut Butter Rice Krispy Treat</u> (Delivered 9/18 between 3-5pm)</p>	<p>4 <b>(LE Off today!) Happy Labor Day! No Strong Bones or Bingo today!</b>  4:00 BYOB Happy Hour-CL* <small>Labor Day</small></p>	<p>5 <b>10:00 Men @ Ten-CL*</b> 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>With You Get Eggroll</i> w/ popcorn served-T</p>	<p>6 9:00 Strong Bones-A 9:30 Pastor Chats w/ Linda-BB 2:00 Church-A 3:30 Knit &amp; Chat-Blarney Bar*</p>	<p>7 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 TV Series TBD 3:00 Jeopardy-3CA <b>3:30 X-Mas Bazaar Meeting-A</b></p>	<p>8 9:30 Chair Yoga-A 11:00 Bingo-BB 1:00 Bridge-BB* <b>1:30 Bill &amp; Dave's Acoustic Duo-A</b></p>	<p>9 The Joys of Grand parenting Word Search-Building 1 Library  2:00 Movie: <i>Flika</i>-T</p>			
<p>10 <b>Assisted Living Week September 10<sup>th</sup>-16<sup>th</sup>:</b> Keep an eye on Bulletin Board for Dress Up Days! <small>Grandparents Day</small></p>	<p>11 <b>10:00 Catholic Mass-A</b> 11:00 Bingo-2DR 3:00 Pet Visit w/ Merlin &amp; Oz-BB 4:00 BYOB Happy Hour-CL*</p>	<p>12 <b>11:00 Rock Painting-AS</b> 1:00 Euchre-CL* 1:00 Hand, Knee, &amp; Foot-CR* 3:00 Movie: <i>Rooster Cogburn</i>-T</p>	<p>13 9:00 Strong Bones-A 9:30 Pastor Chats w/ Linda-BB 2:00 Church-A <b>3:00 September Sing Along-CR*</b> 3:30 Knit &amp; Chat-BB*</p>	<p>14 10:00 Bible Study w/ Pastor Mumm-CL* <b>10:00 Jeopardy VS EC North-A</b> <b>1:30 Bunco-BB*</b> 2:00 TV Series to be determined-T</p>	<p>15 9:30 Chair Yoga-A 11:00 Bingo-CL 1:00 Bridge-BB* <b>1:30 Performer: Brian Fitzgerald -A</b> <small>Rosh Hashanah Begins</small></p>	<p>16 What Comes Next Puzzle-Building 1 Library  2:00 Movie: <i>The Sound of Music</i>-T <small>Oktoberfest Begins</small></p>			
<p>17 <b>1:30 Living Word Church Hymnal Sing Along-A</b></p>	<p>18 9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 BYOB Happy Hour-CL*</p>	<p>19 9:30 Bible Study-BB 11:00 Line Dancing-A 1:00 Euchre-CL* <b>1:30 LudyTunes Performance-A</b> 3:00 Movie: <i>Flight</i>-T <b>6:00 Book Club-CL</b></p>	<p>20 9:00 Strong Bones-A 9:30 Pastor Chats w/ Linda-BB <b>11:00 Catholic Communion-A</b> 2:00 Church-A 3:30 Knit &amp; Chat-BB</p>	<p>21 10:00 Bible Study w/ Pastor Mumm-CL* 1:00 Jeopardy-3CA <b>2:00 Tea @ Two-A</b> 3:30 TV Series to be determined w/ popcorn served-T</p>	<p>22 9:30 Chair Yoga-A 11:00 Bingo-BB 1:00 Bridge-BB* <b>1:30 Bus Trip to Festival Foods-B</b></p>	<p>23 September Crossword Puzzle-Building 1 Library  2:00 Movie: <i>A River Runs Through It</i>-T <small>Autumn Begins</small></p>			
<p>24 Happy Hour will also be Thursday's @ 4pm in the Blarney Bar! <small>Yom Kippur Begins</small></p>	<p>25 (Lucy off) 9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visit w/ Merlin &amp; Oz-BB 4:00 BYOB Happy Hour-CL*</p>	<p>26 9:30 Bible Study w/ Pastor Dennis-BB 1:00 Euchre-CL* 1:00 Hand, Knee, &amp; Foot-CR* 3:00 Movie: <i>A Man Called Otto</i>-T</p>	<p>27 9:00 Strong Bones-A 9:30 Pastor Chats w/ Linda-BB 2:00 Church-A 3:30 Knit &amp; Chat-Blarney Bar*</p>	<p>28 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 TV Series to be determined-T 3:00 Jeopardy-3CA</p>	<p>29 9:30 Chair Yoga-A 11:00 Bingo-CL 1:00 Bridge-BB* <b>3:30 Oktoberfest Happy Hour-BB</b> <small>Sukkot Begins</small></p>	<p>30 Oktoberfest Search and Solve Puzzle-Building 1 Library  2:00 Movie: <i>On Golden Pond</i>-T</p>			

**Please turn over for additional information & location keys for programs →**

## **STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:**

- No Sign-up required!
  - Chairs must stay where they are; Please do not move them!
  - How to access Strong Bones via zoom:
    - Download Zoom to your electronic device of choice and create an account (if you have not already)
      - Join our Zoom meeting by entering in the meeting ID: 79785075740
      - Please, note that it will ask for a password. The password is **eaglecrest**
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

### **INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):**

- Men at Ten – Bob B. 12308
- Tea at Two – Marlie B. 12308
- Bible Study with Pastor Mumm – Wyonne R. 12018
  - Bunco – Mary G. 12105
- Welcome to La Crosse! Newcomers Group – Shirley D. 15005
  - Euchre – Jim P. 12302
- Facebook: Friends of ECS – Dan M. 14000
  - Sing-Along – Darlene L. 12010
  - Bridge—Barb Quillin 12109
- Hand, Knee, & Foot – Beth D. #5000

### **ACTIVITY LOCATIONS:**

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
  - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
  - T: Theater (ECS 1, 2nd floor)
  - L: Library (ECS 1, 2nd floor)
    - AL: Assisted Living
- 2CA: Assisted Living 2<sup>nd</sup> Floor Common Area
- 3CA: Assisted Living 3<sup>rd</sup> Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!

