

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coulee Guild Stitchers Meeting on Monday, July 1 st from 9:30- 11:30am in the Blarney Bar	9:30 Strong 1 Bones-A 11:00 Bingo-2DR 3:00 Pet Visit w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL* <small>Canada Day</small>	10:00 Knitting-AS* 2 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Love Story</i> -T 4:00 Fourth of July Happy Hour-CL	9:00 Strong 3 Bones-A 9:45 Pastor Chat w/ Linda-BB 10:30 Rosary-A 2:00 Church-A 3:30 Knit & Chat-BB*	Happy 4th of July! 4 Independence Day Crossword Puzzle-Building 1 Library <small>Independence Day (US)</small>	No Chair Yoga today! 11:00 Bingo w/ Rich & Bev-CL 3:00 Picking Out August Movies-T 5	1:00 Piano Performance by Henry-A 2:00 Movie: <i>Born on the 4th of July</i> -T 6
Pastor Mumm's 7 Thursday Bible Study is on a break during the month of July & will resume in August	10:00 Catholic 8 Mass-A 11:15 Bingo-2DR 3:00 Pet Visit w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	10:00 Knitting-AS* 9 1:00 Euchre-CL* 1:30 Jay Hoffman Performance-A 3:00 Movie: <i>While You Were Sleeping</i> -T	9:00 Strong 10 Bones-A 9:45 Pastor Chat w/ Linda-BB 10:30 Rosary-A 2:00 Church-A 3:00 Sing Along-CR* 3:30 Knit & Chat-BB*	10:30-12 Voting Info Booth-BB 11 2:00 Lincoln Lawyer-T 3:00 Jeopardy-3CA 3:30 Pastor Chat w/ Linda-BB	9:30 Chair Yoga-A 12 11:00 Bingo-BB 1:30 Bill & Dave's Acoustic Duo-A	Ice Cream 13 Sundae Word Mining Puzzle- Building 1 Library 2:00 Movie: <i>La La Land</i> -T
14 *Hand, Knee, & Foot Cards are played in the Community Room every Tuesday @ 1:00pm*	9:30 Strong 15 Bones-A No Bingo Today! 3:00 Pet Visit w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	10:00 Knitting-AS* 16 11:00 Line Dancing-A 1:00 Euchre-CL* 3:00 Movie: <i>DAVE</i> -T 6:00 Book Club-CL	9:00 Strong 17 Bones-A 9:45 Pastor Chat-w/ Linda-BB 11:00 Catholic Communion-A 2:00 Church-A 3:30 Knit & Chat-BB*	10:00 Coulee Bank Presentation-A 18 2:00 Lincoln Lawyer-T 3:00 Jeopardy-3CA 3:30 Pastor Chat w/ Linda-BB	9:30 Chair Yoga-A 19 11:00 Bingo-CL 1:30 Tom Conrad Performance-A	Parks & Rec 20 Word Unscramble Puzzle-Building 1 Library 2:00 Movie: <i>Remember the Titans</i> -T
21 1:30 Living Word Church Hymnal Sing Along-A	9:30 Strong 22 Bones-A 11:00 Bingo-2DR 3:00 Pet Visit w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	10:00 Knitting-AS* 23 1:00 Euchre-CL* 1:30 Grumpy Old Men Music-A 3:00 Movie: <i>Letters to Juliet</i> -T	9:00 Strong 24 Bones-A 9:45 Pastor Chat w/ Linda-BB 10:30 Rosary-A 2:00 Church-A 3:30 Knit & Chat-BB*	10:00 Bus Trip: Festival Foods-B 25 1-3pm Alzheimer Bake Sale-Bistro 2:00 Lincoln Lawyer-T 3:00 Jeopardy-3CA 3:30 Pastor Chat-BB	9:30 Chair Yoga-A 26 11:00 Bingo-BB 3:00 VA Services Presentation-CL	Secret Beach Quote Puzzle- Building 1 Library 2:00 Movie: <i>A Fistful of Dollars</i> -T 27
28 <u>Take N Make:</u> <u>BBQ Deviled Eggs</u> *Delivered Monday (7/22) between 3-5pm*	9:30 Strong 29 Bones-A 11:00 Bingo-2DR 3:00 Pet Visit w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*	10:00 Knitting-AS* 30 12-4pm Absentee Voting-A 1:00 Euchre-CL* 3:00 Movie: <i>August Rush</i> -T	9:00 Strong 31 Bones-A 10:30 Rosary-A 2:00 Church-A 3:30 Jeopardy Vs. EC North-A 3:30 Knit & Chat-BB*	 JULY 2024 AL/IL/SL Activity Calendar		

Please turn over for additional information & location keys for programs →

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

- No Sign-up required!
 - Chairs must stay where they are; Please do not move them!
 - How to access Strong Bones via zoom:
 - Download Zoom to your electronic device of choice and create an account (if you have not already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please, note that it will ask for a password. The password is **eaglecrest**
- Activities will start at the designated time. Please be sure you are connected before the activity begins.

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- 1st Tuesday at Ten – Bob B. 12308
 - Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
 - Welcome to La Crosse! Newcomers Group – Shirley D. 15005
 - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
 - Sing-Along – Darlene L. 12010
 - Hand, Knee, & Foot – Beth D. 15000
 - Book Club – Mallorie T. 12737
 - Veteran's Group – Dick D. 15005
 - Knit & Chat – Marlie B. 12308

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - C: Craft Room (ECS 1, 1st floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!