

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>March 2023 AL/IL/SL Activity Calendar</p>			<p>(Mallorie off) 1 9:00 Strong Bones-A 9:30 Bible Study w/ Pastor Dennis-BB* 2:00 Church-A 3:30 Knitting-BB*</p>	<p>(Mallorie/Lucy off) 2 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 <i>Heartland Series-T</i></p>	<p>(Mallorie/Lucy off) 3 9:30 Chair Yoga-A No Bingo today! <u>1:00 Bridge-BB*</u> 2:00 Visits w/ Pastor Linda-Bistro</p>	<p>4 10:00 Bingo-CL Mixed Up Cocktails Word Unscramble Puzzle-Libraries</p>
<p>5 Call a friend or family member you have not spoken to in a while today!</p>	<p>6 9:30 Strong Bones-A 11:00 Bingo-2CA 2:30 Pet Visit-BB 3:00 Tom Conrad Performance-A 4:00 BYOB Happy Hour-BB/CL* <small>Purim Begins</small></p>	<p>7 10:00 Men @ Ten-CL 10:00 Knitting-AS* 1:00 Euchre-CL* 3:00 Movie: <i>Thoroughly Modern Millie-T</i></p>	<p>8 9:00 Strong Bones-A 9:30 Bible Study w/ Pastor Dennis-BB* 1:00 Jeopardy-3CA 2:00 Church-A 3:00 Singalong-CR 3:30 Knitting-BB*</p>	<p>9 10:00 Bible Study w/ Pastor Mumm-CL* 1:30 Bunco-BB* 2:00 <i>Heartland Series-T</i></p>	<p>10 9:30 Chair Yoga-A 11:00 Bingo-CL <u>1:00 Bridge-BB*</u> 2:00 Visits w/ Pastor Linda-Bistro 3:15-5pm Girl Scout Cookie Sale-Bistro</p>	<p>11 10:00 Bingo-CL Happy St. Patrick's Day Word Search-Libraries</p>
<p>12 Spring forward for Daylight Savings; Don't forget to move your clock ahead one hour! <small>Daylight Saving Time Begins</small></p>	<p>13 10:00 Catholic Mass-A 11:00 Bingo-2CA 3:00 Pet Visit w/ Merlin & Oz-BB 3:30 St. Patty's Happy Hour-BB</p>	<p>14 10:00 IL/SL Meeting-A 10:00 Knitting-AS* 1:00 Euchre-CL* 1:00 IL/SL Meeting-A 3:00 Movie: <i>The Bells of St. Mary's-T</i></p>	<p>15 *Self-Directed Exercise Sheets in the Fitness Room* 9:30 Bible Study w/ Pastor Dennis-BB* 2:00 Church-A 3:30 Knitting-BB*</p>	<p>16 No Bible Study Today! 1:00 Jeopardy-3CA 2:00 Tea@2-A 3:00 <i>Heartland Series-T</i> w/ Popcorn Served</p>	<p>17 9:30 Chair Yoga-A 11:00 Bingo-CL <u>1:00 Bridge-BB*</u> 1:00 Shamrock Club-A 2:00 Visits w/ Pastor Linda-Bistro <small>St. Patrick's Day</small></p>	<p>18 10:00 Bingo-CL St. Patrick's Day Letter Finder Puzzle-Libraries</p>
<p>19 1:30 Living Word Church Hymnal Sing-Along-A</p>	<p>20 9:30 Strong Bones-A 11:00 Bingo-2CA 3:00 Pet Visit-BB 4:00 BYOB Happy Hour-BB/CL* <small>Spring Begins</small></p>	<p>21 10:00 Knitting-AS* 12-4 Absentee Voting-A 1:00 Euchre-CL* 3:00 Movie: <i>Zookeeper's Wife-T</i></p>	<p>22 9:00 Strong Bones-A 9:30 Bible Study w/ Pastor Dennis-BB* 2:00 Church-A 3:30 Knitting-BB* <small>Ramadan Begins</small></p>	<p>23 10:00 Bible Study w/ Pastor Mumm-CL* 2:00 Grumpy Old Men-A 3:00 <i>Heartland Series-T</i></p>	<p>24 9:30 Chair Yoga-A 11:00 Bingo-CL <u>1:00 Bridge-BB*</u> 1:00 Glass Bead Sun Catcher Craft-AS 2:00 Visits w/ Pastor Linda-Bistro</p>	<p>25 10:00 Bingo-CL Word Ladders Puzzle-Libraries</p>
<p>26 <u>Take N Make: Cornbread in a Mug-</u> Will be delivered Monday (2/27) between 3-5pm</p>	<p>27 9:30 Strong Bones-A 11:00 Bingo-2CA 3:00 Pet Visit w/ Merlin & Oz-BB 4:00 BYOB Happy Hour-BB/CL*</p>	<p>28 10:00 Knitting-AS* 1:00 Euchre-CL* 2:30 Jeopardy-A 3:00 Movie: <i>Cast Away-T</i> w/ Popcorn served</p>	<p>29 9:00 Strong Bones-A 9:30 Bible Study w/ Pastor Dennis-BB* 2:00 Church-A 3:30 Knitting-BB*</p>	<p>30 10:00 Bible Study w/ Pastor Mumm-CL* 1:00 Geography Game-A 2:00 <i>Heartland Series-T</i> 3:00 Jeopardy-3CA</p>	<p>31 9:30 Chair Yoga-A 11:00 Bingo-CL <u>1:00 Bridge-BB*</u> 2:00 Visits w/ Pastor Linda-Bistro</p>	

Please turn over for additional information & location keys for programs →

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

- No Sign-up required! Please wear your mask the entire time of the program.
- Chairs must stay where they are; Please do not move them!

· How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please, note that it will ask for a password. The password is **eaglecrest**

-Activities will start at the designated time. Please be sure you are connected before the activity begins.

INDEPENDENTLY LED GROUPS (IN HOUSE

TELEPHONE CONTACT):

- Men at Ten – Bob B. 12308
- Knitting Club – Kathy G. 12200
- Tea at Two – Marlie B. 12308
- Bible Study with Pastor Mumm – Wyonne R. 12018
 - Bunco – Mary G. 12105
- Welcome to La Crosse! Newcomers Group – Shirley D. 15005
 - Euchre-Jim P. 12302
- Facebook: Friends of Eagle Crest South-Dan M. 14000
- Sing-Along – Darlene L. 12010
- Bridge—Barb Quillin 12109

All underlined activities indicate that a sign-up is required!

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - L: Library (ECS 1, 2nd floor)
 - AL: Assisted Living
- 2CA: Assisted Living 2nd Floor Common Area
- 3CA: Assisted Living 3rd Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank You!

