

September 13th - September 19th Recreation Activities

Assisted Living

Monday, September 13th

10:00 Finishing Lines (2nd floor common area)

11:00 Strong Bones Exercise (2nd floor common area)

1:00 Horseshoes (2nd floor common area)

2:00 Left? Center? Right! (2nd floor common area)

3:00 Movie: *Mary Poppins!* (2nd floor common area)

Tuesday, September 14th

9:00 Observation (3rd floor common area)

10:00 Bingo (3rd floor common area)

2:00 Garbage Card Game (3rd floor common area)

3:00 Jeopardy (3rd floor common area)

Wednesday, September 15th

10:00 Mini Golf (2nd floor common area)

1:00 Walks Outside (Meet by 2nd floor common area)

2:00 Weekly Spiritual Reading (2nd floor common area)

3:00 Surprise Craft! (2nd floor common area)

3:30 Knitting Group (AS)

Thursday, September 16th

10:00 3-in-a-row (3rd floor common area)

11:00 Name that Tune (3rd floor common area)

1:00 Current Events (3rd floor common area)

3:00 Dance Exercise Class! (3rd floor common area)

Friday, September 17th

9:45 Chair Yoga (2nd floor common area)

11:00 Hangman! (2nd floor common area)

1:00 My 2 Cents! (2nd floor common area)

3:00 Ice Cream Social (2nd floor dining room)

Saturday, September 18th

10:00 Fall Pictionary (3rd floor common area)

11:00 Ladder Ball (3rd floor common area)

1:00 Manicures (In Room)

2:00 King's in the Corner (3rd floor common area)

Sunday, September 19th

10:00 Po-Ke-No! (2nd floor common area)

11:00 Chicken Feet Dominoes (2nd floor common area)

1:00 Yahtzee (2nd floor common area)

2:00 Surprise Dessert Social! (2nd floor dining room)

Underline=RCA Led Activities

Questions? See Hannah Wieser, Life Enrichment Coordinator 608.791.2733 or hwieser@eaglecrestlife.org