

The Heights

SAMPLE DAILY MENU

BREAKFAST

Choice of Hot or Cold Cereal
Assorted Breads for Toasting
Yogurt
Fresh Fruit
Choice of Beverage

LUNCH

Baked Ham
Baby Red Potatoes
Scandinavian Vegetables
Dinner Roll
Beer Cheese Soup
Coconut Cream Pie
Choice of Beverage

DINNER

Cordon Bleu
Wild Rice Pilaf
Asparagus
Dinner Roll
Lumberjack Soup
Mandarin Orange Cake
Choice of Beverage

ALA CARTE

Garden Salad | Cold Cut Sandwich
Cottage Cheese & Fruit

