

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2020

			<p>10:00 AM Dick Hagedorn - Music</p> <p>Happy New Year!!</p> <p>New Year's Day</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Drum Circle</p>	<p>10:00 AM Game - Apples to Apples</p> <p>1:00 PM Bingo</p>	<p>9:30 AM Exercise Video</p> <p>1:00 PM Movie - Sleepless in Seattle</p>
<p>10:45 AM Church</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Drum Circle</p>	<p>8:30 AM Exercise for Relaxation</p> <p>10:00 AM Brunch at King St. Kitchen</p> <p>1:00 PM Yellow-Bellied Sapsuckers - Folk Music</p>	<p>10:00 AM Pet Therapy with Daisy</p> <p>1:00 PM John Ludy - Music</p> <p>3:10 PM Bible Study</p>	<p>9:30 AM Exercise</p> <p>10:45 AM Catholic Mass</p> <p>1:30 PM Shopping at Walmart</p>	<p>10:00 AM Yoga for Balance - Meet the New Instructor</p> <p>1:00 PM Bingo</p>	<p>9:30 AM Exercise Video</p> <p>1:00 PM Movie - Poms</p>
<p>10:45 AM Church</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Drum Circle</p>	<p>8:30 AM Exercise for Relaxation</p> <p>1:30 PM Outing to MOKA</p>	<p>10:00 AM Bread Making</p> <p>1:00 PM Ellis Island History & Find Your Family</p> <p>3:10 PM Bible Study</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Massage by Janice (free)</p>	<p>10:00 AM Yoga for Balance</p> <p>1:00 PM Bingo</p>	<p>9:30 AM Exercise Video</p> <p>1:00 PM Movie - The Upside</p>
<p>10:45 AM Church</p> <p>Activity Professionals Week</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Martin Luther King Jr. Discussion Group</p> <p>Martin Luther King Day</p>	<p>8:30 AM Exercise for Relaxation</p> <p>1:00 PM Drum Circle</p>	<p>10:00 AM Pet Therapy with Daisy</p> <p>1:00 PM Dan Eumurian - Music</p> <p>3:10 PM Bible Study</p>	<p>9:30 AM Exercise</p> <p>2:00 PM Getting to Know Sierra - New Intern</p>	<p>10:00 AM Yoga for Balance</p> <p>1:00 PM Bingo</p>	<p>9:30 AM Exercise Video</p> <p>1:00 PM Movie - The Lion King (Live Action)</p> <p>Chinese New Year</p>
<p>10:45 AM Church</p>	<p>9:30 AM Exercise</p> <p>1:00 - 3:00 PM Rummage Sale</p> <p>Australia Day (observed)</p>	<p>8:30 AM Exercise for Relaxation</p> <p>1:00 PM Bob Bovee - Music</p>	<p>10:00 AM Humming Your Way to Health</p> <p>1:00 PM How Sleep Keeps Us Healthy</p> <p>3:10 PM Bible Study</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Drum Circle</p>	<p>10:00 AM Yoga for Balance</p> <p>1:00 PM Bingo</p>	<p>Resident Birthdays Don - 4th Carolyn N - 6th Edith - 6th Carolyn P - 11th Jo - 15th Mary K - 16th Ruth M - 18th</p>